



## PLAY A PROPER ROLE IN THE DRAMA OF LIFE

The doctor holds the knife. He performs the operation. Is it the knife that did it? No, it is the doctor who conducted the surgery. Knife is an instrument, body is an instrument, Mind is an instrument, Intellect is also an Instrument. They are all instruments-body, mind and intellect.

It is your good fortune to play the role of an actor in the drama designed by God. God himself will select and assign the role.

You are selected by God. Be privileged to listen to him, be blessed to follow his command. This is the real good fortune. That is true human life. That is the goal of human life. It is love that is important. There is nothing in this world beyond love. The value of love is incomparable. Everything is love. Live in love.

When the heart is full of love, there will be sweetness in speech. The sweetness you find in God is nowhere else. His watching is sweet, his listening is sweet. he is the sweetest of all sweets. Those who recognise the sweetness of God will be happy in life. So, develop love for God more and more.

*Bhagavan Sri Sathya Sai Baba*





*If you make your parents happy, your children will make you happy. -Baba*

## TRIPLE QUALITIES THAT A DOCTOR SHOULD REFLECT

Embodiments of Love! You have high degrees such as MD, FRCS, MRCP, etc., as a result of your sincere striving. But it is a mistake to think that these degrees are yours. In fact these degrees have been conferred on you for your study, skill, memory power and knowledge. These degrees will truly belong to you on the day you apply this knowledge in practice. Unfortunately, in this modern age all activities and professions are tainted by a commercial outlook and greed for earning money. Even the sacred profession of a doctor has degenerated into a business. A doctor should reflect the triple qualities of sacrifice, love and compassion in treating his patients. But some doctors do not have these virtues at all! They misuse their divine and sacred knowledge for the sake of money. Money is important, but we must exercise discretion in this regard. You can charge the correct fees from the wealthy, but be kind and considerate while dealing with the poor. Try to give free treatment to the poor. You should not treat a millionaire and a pauper alike! It is said, "Vaidhyo Naarayano Harihi" (The doctor is equal to God). As the Lord has love and compassion, doctors too should have these Divine virtues of the Lord. A doctor devoid of these virtues is not a doctor at all!

Doctors should win the hearts of the patients by talking to them with compassion and concern. Diseases are half cured when the doctors talk to the patients with love and consideration. The sick and the diseased respond favourably to your treatment once you start talking to them with love and with a smiling face.

But, if you wear a grim expression, the patient loses heart. Doctors should administer the injection of courage and encouragement as calcium administered to the weak. It is essential that doctors should have the sterling virtues of love and compassion. Compassion is more important than money.

*Inaugural Address International Cardiac Conference, Jan 12, 1994  
Sri Sathya Sai Institute of Higher Learning- Campus Auditorium, Prasanthi Nilayam*

### FROM THE DESK OF THE ALL INDIA PRESIDENT



#### **Dear Brothers and Sisters of the Medical Fraternity**

Sai Ram

At the outset the Sri Sathya Sai Seva Organisations, India salutes all of you and all the frontline workers of this Beautiful Country "Bharat" for their extreme sacrifice and unconditional love for the suffering mankind in this unprecedented Pandemic. You have literally done your duty in an absolutely Divine manner.

This issue of the Sri Sathya Sai Arogya Premanjali is dedicated to the great opportunity granted by our beloved Bhagavan to the Sri Sathya Sai Seva Organisations India to perform Seva in all the States of India with your participation.

The efforts of all of you and the thousands of Seva Dal has only proved that there is a huge amount of Love and Positivity that exists in this World than the existing Negative perception.

We have seen the Divine Hand in all our efforts. I dedicate this issue to all the Seva Dal volunteers and medical staff who have relentlessly participated and are still continuing to do so.

I hope this issue will inspire all of us to serve with greater vigor.

I pray to Bhagavan to shower His Grace upon all.

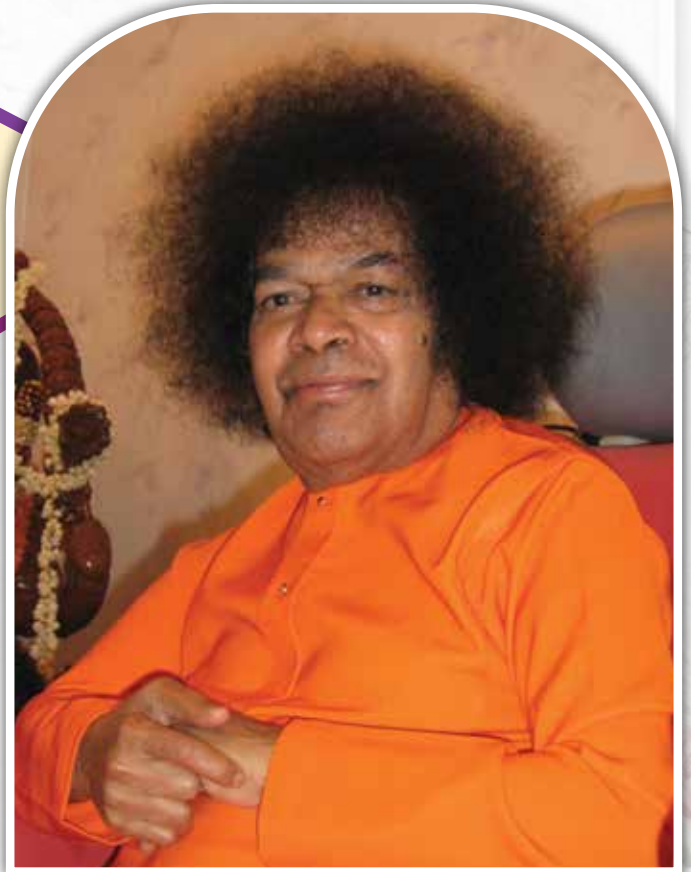
*Loving Regards*

*Nimish Pandya*

*All India President, Sri Sathya Sai Seva Organisations India*

*God is imminent in every human being in the form of breath. -Baba*

# Sai Medical Mission-Kashmir



With the infinite blessings of our beloved Lord Bhagavan Sri Sathya Sai Baba, medical Seva was taken up in the Kashmir valley. We express our humble and loving gratitude to Swami for giving us this opportunity to serve the people of Kashmir.

Under the guidance of our All India President Shri Nimish Pandya, Sri Sathya Sai Seva Organisations, India, this Medical Seva Sadhana programme aimed to serve our brothers, sisters and children in the remotest areas of the Kashmir valley.

Shri Maninder Singh, State President, Punjab and Shri Rakesh Kapoor, State President, Delhi NCR led this initiative. Dr Sanjay Aggarwal, State President, Himachal Pradesh, a practicing Surgeon from PGI Chandigarh, spearheaded the medical team. Dr Gopi Pidatala, National Team Member, Projects and Programmes, coordinated the overall programme.

The Inspector General of CRPF, Ms. Charu Sinha, IPS, an ardent devotee of Bhagavan Baba, facilitated the identification of villages and the setting - up of the required infrastructure for the camps.

## Highlights of the Seva

- \* 56 Sevadal and Mahila Vibhag including 6 Doctors participated from Punjab, Delhi NCR, Madhya Pradesh, Himachal and Telangana
- \* Two bhajan were organised at Shankaracharya temple and Kheer Bhavani temple
- \* Two medical camps organised - Talpora, Budgam and Lattimohalla, Dal Lake, Srinagar
- \* Medicines, Toys, Sporting equipment were gifted to the children in the villages
- \* 8000 sanitary napkins were distributed in the two villages
- \* Physics and Chemistry laboratory inaugurated in Spring Buds School, Ompora, Budgam district
- \* Total number of beneficiaries in the camps – 600 members

You yourself are God; there is no need to search for him anywhere. -Baba

## Seva in Kashmir: Embarking on a Journey of Unity and Oneness

In the spirit of unity and oneness, many have worked tirelessly to ensure this Seva Sadhana is conducted smoothly and seamlessly. About 20 Seva Dal from Punjab, 32 Seva Dal from Delhi (including doctors) and 2 doctors from Madhya Pradesh reached Srinagar for this holy cause. Overall, about 56 Seva Dal including 7 doctors, one of them being a local doctor from the Para Military Forces, participated in this blissful Seva.

This group consisted of 12 Bhajan singers from Delhi and Punjab for organising special Bhajan sessions at the Shankaracharya Temple and Kheer Bhawani temple in Srinagar. Reaching a day earlier helped the team to become sensitized to the life styles, living conditions, amenities and facilities, available to the residents of Srinagar, which enhanced their understanding and zest towards a better deliverance of the intended service.



### Day 1, 10<sup>th</sup> July 2021

With Swami's blessings, the Day 1 began with a 2-and-a-half-hour drive to a remote village Talapora, Tehsil Khan-Sahib, Dist. Badgam. The team was given a rousing welcome by the villagers who were eagerly waiting to receive Bhagavan's Love through the medical camp.



*The Team Offering Prayers to Bhagavan  
– Camp Started with Omkaram*



*Dr.Vipin Singhal, Pediatrician examining the  
children of the village with love*

Meanwhile, the view of the beautiful valley with apple laden orchards and walnut trees re-energized the team and reminded them of the nature's plenitude and selfless Love.

Invoking Bhagavan's presence and benediction by chanting the sacred Aum thrice, all patients were led to be seated in the waiting area, while the doctors took their place. Men and women were separately routed to the respective registration desks for their medical requirements, and the pharmacy counter was all set to serve the villagers suitably.

From the registration desk, all the patients, depending on their needs, were further referred to designated desks of specialists such as that of Paediatrician, General Surgeon, General Physician, Gynaecologist, Dentist and Ophthalmologist. A separate counter for sugar testing and BP check – up was also set up.

The pharmacy counter set up by the Organisation for dispensing free medicines to the patients. Our team of Seva Dal manned the same for smooth dispensation of medicines. Local interpreters fluent in Kashmiri language and Urdu, were deployed to help with doctor – patient communication and also to ease conversations between the Seva Dal and the village brethren.



*Dr Sanjay Agarwal, General Surgeon examining a patient*



*Dr Surabhi Awasthi, General Physician  
Counselling and Advising a Patient*

*Don't have too many desires, less luggage more comfort makes travel a pleasure. -Baba*



*Pharmacy Counter and Registration Counter with Interpreter*

Notably, young women were given a thorough medical orientation on menstrual hygiene. The lack of basic facilities and resources to make informed choices reflect the remote region's needful scenario. About 4,000 sanitary napkins arranged by the SSSSO India, were also distributed to all young women, therefore taking the first step towards a better menstrual health of these women. Oral Hygiene kits were distributed to the children to encourage them towards more awareness and better practices for oral health. Face masks and face shields were also distributed to the patients who did not have them.

The camp was covered by Doordarshan Crew from Srinagar. Meanwhile, senior formations from the government agencies visited the venue, as did local leaders who offered support and cooperation.

### Gifts for children

It was gladdening to interact with children who had no direct knowledge of the world beyond their remote village. The dentist accompanying the contingent had a separate session with children on how to take care of their teeth.



*Children with the toys gifted to them with Love*



*Children with the toys gifted to them with Love*

Children were lovingly gifted small toys, sports utilities and playing kits according to their respective age groups. These toys were chosen with love and brought from Delhi and Punjab.

After a blissful service, all the Seva Dal participated in bhajan singing at the sacred Shankaracharya temple and concluded the day by offering Aarathi to our beloved Lord.

From this supremely divine spot, against the twilight background, the divine echoes of the divine musical vibes enthralled all. Personnel of the CRPF were so elated with the bhajans that they could not help recording the Bhajans on their own devices.

Thus, the first day of the medical camp culminated with His Divine Grace.



*The Team enroute the day 2 medical camp in Shikaras*



Human being should follow Dharma. And Dharma should be tempered with Daya(compassion). -Baba

## Day 2: 11<sup>th</sup> July 2021

The second day of spreading Bhagavan's love began by preparing to embark onto the next village for the medical camp. This place, known as Latimohalla, an island village situated in Srinagar, where the team reached through a Shikararide. A chain of Shikaras was carrying all the medicines, and all the doctors and Seva Dal, thereby energising and revitalising the entire team with Divine Love, and helping us all experience through the beautiful nature around us, our Divine Master as Satyam, Shivam, Sundaram.

The Medical Camp on Day 2 also began with the invocation of Bhagavan by chanting the Holy Omkaram, which was followed by a prayer from the Quran by the local community.

Interfaith harmony and respect was observed with utmost sincerity by all participants and Seva Dal, as well as by the local community.



Team India enroute to the Medical camp



Sri Maninder Singh and Sri Rakesh Kapoor, State Presidents of Punjab and Delhi NCR addressing the villagers



Registration with Local Interpreter



Dr C S Chauhan, Ophthalmologist examining a patient



Dr Muntakhab Ul Nafae, General Surgeon counselling patients



Dr Sushma Singhal, Gynecologist examining a patient

Good habits, good speech, good conduct and good behavior will ultimately make us good. -Baba



*Dr C S Chauhan, Ophthalmologist examining a patient*



*Dr Subhada, Dental Surgeon examining Patients*

On Day 2 also, all 7 doctors were received by a multitude of patients seeking Gynaec care, Eye care, Dental Care, General Pain relief, and an overall health check –up. Just as on Day 1, free face masks, free face shields dental kits for children and 4,000 sanitary napkins were distributed .

Two village residents offered their houses to set up a pharmacy counter and a place for eye check-up. Free medicines were given to all patients, who came to the camp.



*Pharmacy Counter @ Dal Lake Medical Camp*



*Bhajan at Kheer Bhavani temple*



*Ms Charu Sinha Offering Harathi to Goddess Kheer Bhavani*

## BHAJANS: Divine Melodies enthrall Kashmir Valley

On both days, enthralling bhajans reverberated across the Valley. At the Shankaracharya temple on Day 1, also revered as the Jyeshtheshwara temple, located atop the Shankaracharya hill, where the shrine dates back to 200 BCE.

Sri Adi Sankaracharya is said to have constructed a small temple for the lingam in 7th century AD. At the sacred sanctum sanctorum of the temple, Aarati was offered to beloved Bhagavan.

Swami is known to have visited this very same shrine during his divine sojourn in Kashmir in 1957.

On Day 2, Bhajans were also rendered with melodious vibes at the Kheer Bhavani temple, where Goddess Durga is worshipped. The popular belief is that the Goddess Durga, in Tretha Yuga, appeared after being pleased by the prayers of Ravana in Lanka.

Later, the Goddess was displeased by his conduct and moved to Kashmir. Ms Charu Sinha, an ardent devotee of Swami and IG, CRPF, attended the Bhajan session and graciously interacted with the entire contingent, and dedicated the entire 2 – days programme, at Bhagavan’s Lotus Feet.

*God descends on earth in human form to develop divinity in you. -Baba*





Spring Buds High School, Ompora



The Physics and Chemistry Lab after Inauguration at Spring Buds High School, Ompora

## Physics and Chemistry Lab Inauguration at Ompora, Badgam district

The Sri Sathya Sai Seva Organisations, India, over the last 6 years has been involved in educational activities by partnering with one of the best schools in Budgam district – Spring Buds . The organisation has setup a computer lab comprising of 25 computers for helping the school students move forward in the path of technological education.

As an extension of Love to these children, on the 2<sup>nd</sup> day, 11<sup>th</sup> July, a team of 15 members left for Ompora in Badgam district to participate in the inaugural function for the Physics and Chemistry lab at the Spring Buds High School.



The Sri Sathya Sai Seva Organisations, India sponsored the lab in the school for the benefit of the students.

The lab was inaugurated virtually by the All India President, Shri. Nimish Pandya, in the physical presence of State Presidents of Punjab and Himachal Pradesh, and other organisation members who were present in Srinagar for the Medical seva programme.

The All India President addressed the children and staff of the school via the Zoom platform, and inspired the children to be mindful about practising the five Human Values as directed by Bhagavan, in their pursuit of technological and academic excellence. Thus, the 2<sup>nd</sup> day of the visit culminated by spreading His Love and message.

All throughout the 2 days of the programme, the CRPF team excelled in supporting us with all necessary arrangements for seamless and safe transportation for the camps. The support of the Mayor of Srinagar, Mr. Junaidh was very welcoming. The presence of the Medical Officer of the CRPF Dr. Suneem, in both the camps was a great strength to the team.

With Bhagavan's blessings, in the early hours of July 12, the entire team bid adieu to the beautiful city and returned to their homes safely .

Bhagavan's grace and blessings alone enabled the 600 beneficiaries to express their happiness and gratitude to Bhagavan - a true testimony to Bhagavan's divine teaching of 'Love in Action'. The team expresses their humblest gratitude to Bhagavan for giving them an opportunity to serve the people of Kashmir.

They remain deeply touched by the affectionate welcome and are thankful to the loving local residents of the remote villages they visited in Kashmir, the local authorities, and the government and all supportive personnel for their utmost encouragement and support extended. A wave of service, if it sweeps over the land catching everyone in its enthusiasm.

Our hearts overflow with compassion and concern for the well-being of the people whom we had the blessed opportunity to serve in Kashmir. While serving, let us forever be grateful to Swami for all the blessings in life. Our humblest note of appreciation to the team who have served tirelessly and been instrumental and most supportive in taking this Seva forward.

We pray to Bhagavan, that this pleasant augury of serving more people of this beautiful and sacred land manifests again as His Will in the times to come.

***With Love at His Lotus Feet - Sri Sathya Sai Seva Organisations, India***

***Compiled by  
Gopi Pidatala***

*Everything emerges from truth. It is truth that protects you. -Baba*

## COVID CENTRE- PRASANTHIGRAM



As Covid infections started appearing in the last week of April 2020 in Andhra Pradesh, the Anantapur District authorities wanted the Sri Sathya Sai Central Trust to help them by setting up a Covid isolation centre and help Anantapur district run 14 other Covid isolation centres. Hence with the Grace of Bhagavan Sri Sathya Sai Baba, the Trustees of the Sri Sathya Sai Central Trust approved about Rs. 2 crore

worth material like hand wash, gloves, personal protective equipment, and other requirements for the government Covid quarantine centres and a Covid isolation centre was established at the Sri Sathya Sai Institute of Higher Medical Sciences, Prasanthigram.



By August 2020, the number of Covid cases started increasing. Keeping in view the District Administration requested the SSSCT to start a Covid treatment centre therefore, a Covid

treatment centre was established on 20th August 2020 at SSSIHMS, Prasanthigram.

The treatment facility was inaugurated by the Managing Trustee of the Sri Sathya Sai Central Trust, Sri. R.J. Rathnakar Garu, Dr. Neelam Desai and Dr. Narasimhan - Medical Superintendent of Sri Sathya Sai General Hospital, Prasanthi



*Art is outside. heart is inside. True art comes only from the heart. -Baba*



Nilayam and other senior staff members of both the hospitals.

Following the philosophy of Bhagavan Sri Sathya Sai Baba, treatment is being provided completely free of charge to all the patients at the centre. The doctors, nurses, and paramedical staff of SSSIHMS, Prasanthigram and Sri Sathya Sai General Hospital, Prasanthi Nilayam, are involved in the treatment of the Covid positive patients at the centre.

The treatment centre is equipped with high-end patient care amenities and can accommodate up to 130 patients at a time. The facility also has an Intensive Care Unit (ICU) for patients who would require advanced care. A separate Gas Manifold has been constructed, and pipelines laid to provide continuous oxygen supply directly to all the 130 beds.

The Treatment centre is a three storied structure, where separate floors have been assigned for old patients and children, women and men. Diet for the patients will be prepared, in consultation with the treating doctors, at the Dietary department of the Sri Sathya Sai Institute of Higher Medical Sciences.

Till June 2021 around 700 in-patients and 2,764 out-patients have been treated at the Sri Sathya Sai covid treatment centre.



In addition to above, collection of 7,690 samples for RTPCR COVID test was also facilitated by the center.

The centre also has an uninterrupted power supply with a generator backup. Two separate solar hot water systems for drinking and bath purposes have been set up for the patients.

The doctors and paramedical staff, the engineering, procurement and electrical departments of the Ashram and hospital have worked tirelessly to make this beautiful offering to Bhagavan possible.

**Dr. Gurumurthy (Director)**  
Sri Sathya Sai Institute of  
Higher Medical Sciences, Prasanthigram

**“LOVE ALL - SERVE ALL”**

*Erudication of evil thoughts forms the basis of Man's liberation. -Baba*

## COVID-19 RESURFACES IN 2021

'With India being a fully open society where people mix, move & travel freely- infection found easy ways to spread'.

Families got the virus unabated as this new surge of pandemic re-started the evil course in 2021. The first phase came down in September 2020.

"The second wave made the last one look like a ripple in a bathtub". It was a 'Night marish' situation in all the health care facilities across the nation . Shortage of supplies- Beds & treatment loss of life, mortality & morbidity rising to the peak. Situation nowhere in control. We had helpless working eyes and hands. The medical men & women stared at the situation with hands folded in prayers. Never had the vision saw all doctors lifting hand & eyes towards the heaven seeking help of the Divine. The "ATHEISTS" & the "AGNOSTICS" came to realize that there is some one who has the control in hands.

The "Covid 19" surge is coming to a low with this Guru Poornima. Our most loving Bhagavan Sri Sathya Sai



Baba has made things easier. With his benevolence & interference the play is coming to an end. It is for the actors to decide whether to keep repeating performances & gather losses or to end it for once & for all.



*Good thoughts are possible only by good company. -Baba*

## “SRI SATHYA SAI SEVA ORGANISATION INDIA CATERS TO A MUCH NEEDED COMPONENT OF LIFE”

**Successful management of Covid revolved around three major factors-**

- \* Intensive indoor care of patients.
- \* Provision of oxygen for the tide over.
- \* Prevention of contracting infection.

**Sri Sathya Sai Seva Organisation, with the love & guidance of loving Bhagavan, planned a nationwide strategy to play a part in all aspects of Covid Care.**

- \* “Prevention is always better”-  
“to hit more devils with a few stones.”

**The three preventive gold manoeuvres-**

1. Sanitisation
2. Social distancing of 6 feet.
3. Use of masks were all stressed upon.

**Almost all sevadal at the samiti level across the country tried to spread the message. We used all possible methods-**

*Be it*

- \* Personal communication
- \* Use of platforms- online & offline
- \* Use of print media
- \* Use of print materials like- posters, calendars, banners etc.

**A strict word went around not to venture into community gatherings, bhajan centres & temples to keep away from the infection.**

**Almost all samities across the country- helped in distributing safe masks, face shields, sanitizers to the vulnerable part of the population.**

**People who could not afford could be seen using protective equipment with the aim of bringing control to the disaster.**

## OXYGEN- ‘A LIFELINE FOR THE AILING’



It was a tough time reaching out to this diseased family members of the suffering; community members having lost jobs during the lockdown & others sitting without work-all needed food & provisions to sustain.

Sri Sathya Sai Seva Organisation with the blessing hand helped in whatever way they could to the cause (both physically, mentally & medically).

*You should develop individual character, social character and the spirit of nationalism. -Baba*

## SSSIHMS, PRASANTHIGRAM, COVID WARRIORS FELICITATED

Trustee of Sri Sathya Sai Central Trust, Sri. R J Rathnakar along with Director of SSSIHMS, Prasanthigram, Dr. Gurusurthy, and the All India President of Sri Sathya Sai Seva Organisations, Sri Nimish Pandya felicitated the Covid Warriors of the SSSIHMS, Prasanthigram.

The event was organised coinciding with the Birthday of Bhagavan Baba on November, 23, 2020.

Around 53 doctors, 142 nurses and 225 paramedical and other staff members were felicitated on the occasion.

The covid treatment centre was inaugurated on August 20, 2020. Earlier the hospital to support the government effort to deal with the pandemic had established an covid quarantine centre in April, 2020.

Appreciating the services of the staff of the Sri Sathya Sai Institute of Higher Medical Sciences, Prasanthigram, in dealing with the Covid-19 pandemic, the Managing Trustee of the Sri Sathya Sai Central Trust, Sri R J Rathnakar, along with the All India President of the Sri Sathya Sai Seva Organisations, Sri Nimish Pandya, and Director of SSSIHMS, Prasanthigram, Dr. Gurusurthy, handed over souvenirs to the Covid warriors blessed by Bhagavan Sri Sathya Sai Baba on 23rd Nov 2020, Bhagavan's 95th Birthday.

Around 420 hospital staff were involved in providing care at the covid-19 treatment centre who included 53 doctors, 142 nurses and 225 other paramedical and support staff.



Speaking on the occasion, Sri Rathnakar expressed his happiness at the unmatched service being provided by the hospital's covid warriors and added that many local people who had met him since the inauguration of the covid-19 treatment centre had expressed their deep gratitude to the staff involved in the covid care. Sri Rathnakar also mentioned how the Sri Sathya Sai Central Trust had helped in fighting the pandemic by contributing resources to the Central and State governments.

### Background

As covid infections started appearing in the last week of April 2020 in Andhra Pradesh, the Anantapur District authorities wanted the Sri Sathya Sai Institute of Higher Medical Sciences, Prasanthigram to help them by setting up a covid isolation centre and help Anantapur district run 14 other Covid isolation centres. Hence with the Grace of Bhagavan Sri Sathya Sai Baba, the Trustees of the Sri Sathya Sai Central Trust approved about Rs. 2 crore worth material like hand wash, gloves, personal protective equipment, and other requirements for the government covid quarantine centres.

By August 2020, the number of covid cases started increasing. Keeping in view the District Administration requested the SSSCT to start a covid treatment centre therefore, a covid treatment centre was established on 20th August 2020 at SSSIHMS, Prasanthigram.

*The man of virtues has a place in the region of the liberated. -Baba*

The treatment facility was inaugurated by the Managing Trustee of the Sri Sathya Sai Central Trust, Sri.R.JRathnakar in the presence of District Special Officer Mr. Chaitanya, in-charge Director of SSSIHMS, Prasanthigram, Dr. Neelam Desai, Medical Superintendent of Sri Sathya Sai General Hospital, Prasanthi Nilayam, Dr. Narasimhan, and other senior staff members of both the hospitals.

Following the philosophy of Bhagavan Sri Sathya Sai Baba, treatment is being provided completely free of charge to all the patients at the centre. The doctors, nurses, and paramedical staff of SSSIHMS,



Prasanthigram and Sri Sathya Sai General Hospital, Prasanthi Nilayam, are involved in the treatment of the covid positive patients at the centre.

The treatment centre is equipped with high-end patient care amenities and can accommodate up to 130 patients at a time. The facility also has an Intensive Care Unit (ICU) for patients who would require advanced care. A separate Gas Manifold has been constructed, and pipelines laid to provide continuous oxygen supply directly to all the 130 beds. The centre also has an uninterrupted power supply with a generator backup.



## COVID VACCINATION AT SSSIHMS PRASANTHIGRAM



*Lighting of the lamp by Managing Trustee Sri R J Rathnakar, MLA Sri Sridhar Reddy and the Director of SSSIHMS, Dr. Gurumurthy to begin the programme*



*Listening to the PM's message*



*Registering of the first patient Dr. Abhishek Mundargi*



*Dr. Abhishek Mundargi. First beneficiary of the vaccine at the SSSIHMS*

Moderation in speech is a source of great joy. It is laid that the sound of silence is God. -Baba

# Covid Activities *Done by Various States*

## ANDHRA PRADESH



## BIHAR



## DELHI



You can hear the sound of the footsteps of God only in the depth of silence. -Baba



## GOA



## GUJARAT



## HARYANA



*The lesser you talk, the more you can participate in Seva activities. -Baba*

## HIMACHAL PRADESH



## JHARKHAND



## KARNATAKA



## MAHARASHTRA



A student should acquire such education which brings out his illumination. -Baba

# MUMBAI



## Vaccination Program

09 June 2021: The vaccination program has been organised on Wednesday 9th June 2021 by Sri Sathya Sai Seva Organisations Mumbai Metro Region at Shushrut Hospital and Research Centre, Chembur East. Mumbai

By the Sheer Grace and Divine Will of Bhagavan, a total of 208 devotees were vaccinated today at Sushrut Hospital, Chembur. More than 80% were in the age group of 18-44yrs. Despite all the odds and heavy rains lashing 90% of the registered got vaccinated. Our sincere thanks to Bhagavan. A special word of appreciation to the team of Brothers Nagesh Rao, Jai Pitroda, Umang Modi, Litesh, Dinesh Talreja, Sudeep Kamath Girishar Venkat & Sister Gayatri Rao & Jaya Talreja for their wonderful effort in ensuring a smooth flow of the vaccination drive. Our thanks to the hospital staff for their cooperation.

## Testimonials:

Sairam, I had a very good experience with vaccination for my daughter. The instant I entered the hospital premises, Sevadal volunteers were there to guide me from start to end, the entire process including the vaccination took less than 30 minutes and after the vaccination, we were provided with snacks in packets. It was a wonderful arrangement done by the team. Thank you, Swami, and special thanks to our youth coordinator Girish and the Mulund Samithi Convenor-Regards Satish Narayanan

Sairam, I had also got vaccinated at the same hospital it was a wonderful experience and Sai volunteers had done a good Job May Sai Bless them and give them good Health-Regards Rajah Lakshmanan.



# ODISHA



Observance of mounam (silence) develops spiritual energy. -Baba



## BHAGAVAN SRI SATHYA SAI BABA IN SRINAGAR – RELIVING THE MOMENTS

On June 9th, 2021 a team of 56 volunteers of the Sri Sathya Sai Seva Organisations, India reached Kashmir for a 2 day medical camp. The dates for the camp were decided to be June 10th and 11th. These camps were sequel to the Seva initiatives that were being taken up by the Sri Sathya Sai Seva Organisations, Punjab.

Some of us including Dr. Sanjay Agarwal , the State President of Himachal Pradesh, Dr. CS Chauhan an eminent ophthalmologist, Dr.Surabhi Awasthi, a General Physician from Bhopal and Dr. Shubhada, a dental surgeon reached early on 9<sup>th</sup> June. As the rest of the team were to arrive our Medical Team lead Dr.Sanjay Agarwal mentioned to us in the book 'Loving God' by Sri Kasturi, the biographer of Bhagavan Baba, mentioned that Swami had stayed in a houseboat in Dal Lake . The gist of the writings goes as given below:



*On 2nd August 1957, Bhagavan Sri Sathya Sai Baba left by plane and reached Kashmir. Blessed are those who travelled with him to the paradise on earth- to be with the Lord in the Pristine glory of nature.*

*The gurgling waters of Dal Lake, a long rope of pine trees, the green grass is enough to fill the mind with joy.*

*Upon arrival, the head of the Shankaracharya Mutt of Srinagar prayed and pressed to Bhagavan Sri Sathya Sai Baba with a request to accept his hospitality and take up the residence in the Mutt... But Baba had different plans he preferred to stay in a houseboat with his devotees... Blessed is Dal Lake for housing the Lord of the universe for 2 days!*

Our place of residence was right opposite the ghat 2 of the Dal Lake. As we were free and had nothing much to do, it was suggested that we take a boat drive in the gurgling waters of the lake with the scenic beauty mountains around. It was almost Dusk . The lights were up in each of the houseboats in the lake. The lights of the city of Srinagar were reflecting and sparkling in the waters of the lake adding Glory to the beauty around . As we headed out into the waters in a Shikara, for a 15 minute ride, suddenly, the idea was mooted by Dr. Sanjay as to why we should not venture out and see if we can visit the houseboat that's swami on once



stepped in and stayed in . The idea was welcomed in full gaiety and delight of the adventure!

We retained the Shikara boatman Ahmed for a price and ventured out into the waters in search of the houseboat- ALEXANDRA PALACE !



Inquiring with many owners about the houseboat with our prayers being strong enough and we slowly moved in the right direction ... Finally, after an hour long we reached a destination in bliss and joy filled with excitement...



Lo and behold we were stepping into the houseboat... it was dark... We requested the Manager to switch on the lights as there were no inmates in the boat ... Lights went up and against the silhouette of the beautiful sky with dark clouds we could read the name of the boat - Alexandra Palace.

We jumped from the Shikara onto the wharf of the house boat... Imagine ...in a thousand boats around we could reach the target in an hour ! Man Proposes and God Disposes ! This is His Sankalpa! The Manager on duty was very happy to receive us as he was expecting business out of us .

We, very politely informed him the reason why we had come there ...and upon enquiry we came to know that this was the very boat that Bhagavan stayed in the year 1957 ... the boat on that day we landed was 70 years old. The staff on the boat were equally excited as we were when we told them of about Bhagavan Baba and His stay in the boat ... the manager who was holding the office for over 30 years felt very happy to be managing the boat where God set His divine footprints.

We went inside the boat to take pictures of the interiors and it was so magnificent with the carvings of the Kashmiri culture. It was indeed a treat to watch the beauty of the boat. It has the three bedrooms which were immaculately kept. The living room with the dining table was so elegant and our thoughts went back to the day when Swami with the devotees as to how He must have spent His time here ...must have been full of activity filled with bliss!

We have heard the story of Sabari in Tretha Yuga as to how she waited for years and years that the Lord would come to bless her ... maybe the owner of this boat ...the wood of the trees must have waited for decades pining for the Lord of the universe to come...to visit and stay ! I am sure that the boon was granted by the divine Lord Sri Sathya Sai !

For those of you who are venturing out to Srinagar on a trip... don't forget to visit this houseboat Alexandra Palace which is opposite a famous houseboat called- Hotel Duke in the Dal Lake. We inquired as to what are the charges for night stay in the house boat and we were mention that it cost rupees 2500 per night without food and approximately about rupees 4000 for a full day include three meals... Plan your trip stay at this place and live in bliss for God walked on this boat – Alexandra Palace.

*Spirituality is that which recognizes the one that subsumes all divisions as Atma. -Baba*

# Sai Medical Mission-Kashmir (Glimpses)



Real wisdom has in the vision of one's own true nature knowing oneself is true wisdom. -Baba

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People who neglect their duty can never develop devotion. -Baba

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